

# ACT Now

## The newsletter of Age Concern Thurrock

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Although it is a subject that we all tend to avoid it is generally agreed that it is a good idea to put our affairs in order, as we get older against the day when we will inevitably die.



When faced with the loss someone families are generally relieved when they find that their loved one has left some instructions as to their wishes, or when the subject has been discussed previously. At Age Concern we have a useful guide to help you to do this. It is an information sheet, which you may fill in stating your wishes. Please phone for a copy.

### Power of Attorney

This is a legal document, which authorises one or more people to handle your finances.

There are different types of power of attorney – ordinary, lasting and enduring.

In some circumstances these may also authorise someone to make decisions about yourself or your financial affairs even when you have the mental capacity to do so yourself.

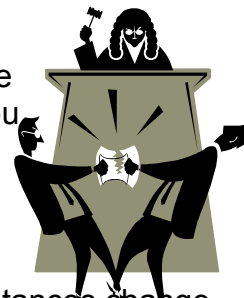
We have a useful factsheet that will explain this. **Ask for Factsheet No. 22**

### MAKING A WILL

Many people put off making a will. If you do not have one it may be that your goods and property do not go to those you intended after your death.

Making a will is not a difficult process.

- We have a very useful factsheet giving you a great deal of information on this process. **Ask for Factsheet no.7.**
- If you have property to leave it is wise to go to a solicitor to draw it up for you
- Remember that if you appoint a solicitor or bank to act as executor or to store your will that they usually make a charge for this service.
- Review your will regularly as circumstances change.
- Age Concern has a will writing service. For more details call our office.



### Age Concern LifeBook

This is an easy and safe way to record the practical details of your life. This book enables you to enter details e.g. where your insurance policies, house deeds and other important documents are kept. This saves a lot of looking through files or drawers and allows relatives to know where to find important documents etc. Phone or call in to the office for more information on these.